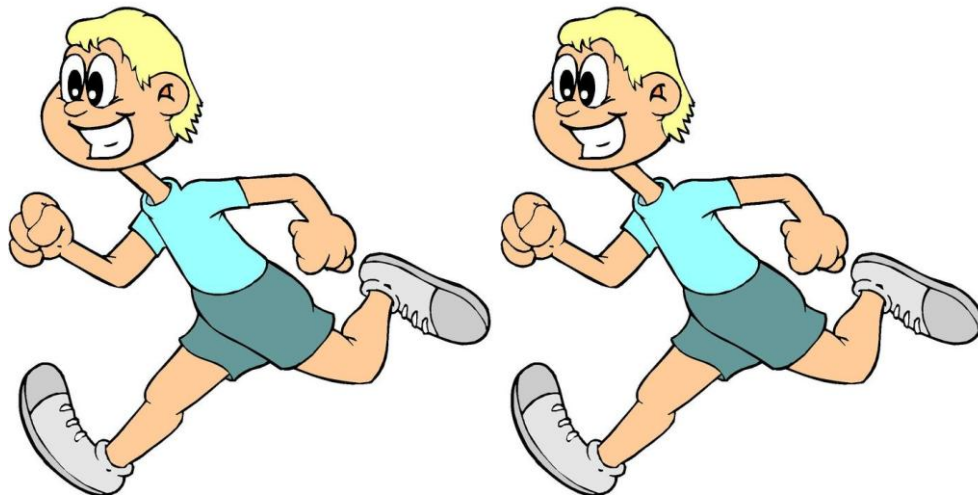


Albany Primary School



2025 Athletics Carnival and Jumps and Throws

Parent Information

Jumps & Throws - Yr 4-6 Friday 31 October @ APS
(Back up day - Monday 3 November)

**Athletics Carnival - PP-Yr 6 Wednesday 5 November @ ASHS
Oval**
(Back up day - Monday 10 November)

PP, 1, 2, 3, 4, 5 & 6

2025 HOUSE ATHLETICS EVENTS INFORMATION

Parent permission for this event is included in the local area excursion consent form for ASHS that was given at the beginning of the year. Therefore, no additional permission is required for this event.

Students are to arrive at school at normal time to be ready to join in the faction chants in the courtyard at 8.50am followed by the walk up to the ASHS oval at 9am. Students are to wear house colour shirts, sunscreen, hats, suitable footwear and bring extra protection if weather is cold/rainy. They will need a water bottle, jumper, snacks and Year 4 to 6 students will need their lunch.

Parent Helpers

Parent helpers are crucial to the success of these events. If you are able to help at the Jumps and Throws or House Carnival, please complete the Parent Helper Google Form at this QR code



Feedback

Any feedback about the carnivals would be greatly appreciated, please use this QR code to provide feedback



Additional Information

For additional information, please refer to the **Google Doc** found at this QR code. Please note that this is a live document and edits may be made right up to the day of the event. Some of the most important information has been included below.



Athletics Event Dates

- High Jump: High Jump events take place during lunchtimes in the undercover area and parents are welcome to come and watch. Dates are as follows.
 - Wed 22 Oct: Year 4 Mon 27 Oct: Year 5 Tues 28 Oct: Year 6
- Jumps and Throws: Yr 4-6 - Friday 31 October @ APS (Back up day – Monday 3 November)
- House Carnival: Wednesday 5 November @ ASHS Oval (Back up day – Monday 10 Nov)
- Interschool Jumps and Throws: Tuesday 25 November (Back up day – Wed 26 November)
- Interschool Carnival: Thursday 27 November (Back up day – Friday 28 November)

Parent Reminders for Athletics Carnival Day

- Parking will only be available at Albany Primary School. There is no parking at ASHS.
- Whilst coming onto the oval to get a closer view of events is allowed, please do not interfere with staff/parent helpers, particularly at the finish line of races as they try to order students.
- Parents are not permitted into the student bays.
- Younger siblings who are spectating must be supervised at all times
- No PP, 1, 2 & 3 students are to remain at the ASHS oval after their carnival has concluded.
- Students needing to leave early must be signed out with their class teacher at the carnival.

Canteen

A canteen selling lunch, snacks and drinks will be available on the day. Lunches for students must be pre-ordered, spectators will be able to buy lunch for themselves on the day, but as adults are not allowed in the bays, they cannot purchase and deliver lunch to students. A snack/drinks cart will be moving through the back of student bays throughout the day for students to make purchases. More information including a menu and pre-order forms will be sent out before the event.

Spectator Code of Conduct

Family and friends are strongly encouraged to come and be a part of what is a great day centered around teamwork, team spirit, sportsmanship, personal best and fun! For many students, this day can be a real highlight of the year as it is a chance to colour up, hang out with mates, and compete for both house and spirit points. It is important that spectators keep this front of mind during the day. Whilst there obviously is a competition element to the day, it's important to remember the context of our situation, a primary school sports carnival, run by hard working teachers and parent helpers doing their best to provide a positive experience for the students. If there are any issues throughout the day that you believe need addressing, please approach a staff member in a respectful way and calmly describe your concerns. Keep in mind that all staff running the day have a clear goal, to provide a fun and enjoyable experience for all students!

House Champion Shield

Points will be awarded to houses throughout the two carnival days as follows:

- **Individual events:** 1st = 50 points, 2nd = 45 points, 3rd = 40 points, every place after 3rd = 1 less point than the place before (i.e. 39 points for 4th, 38 points for 5th etc.)
- **Team events:** 1st = 200 points, 2nd = 150 points, 3rd = 100 points, 4th = 50 points
- **Grand relay:** 1st = 400 points, 2nd = 300 points, 3rd = 200 points, 4th = 100 points

At the end of the athletics carnival, a junior house champion shield and senior house champion shield will be awarded to the winning houses.

Spirit Shield

Throughout the day of the athletics carnival, adults will be able to award houses spirit points.

Points should be awarded to a house for its participants showing good sportsmanship and/or good team spirit. An adult helper who wishes to award points will hand a 'spirit points ticket' to the child that they are awarding the points to, this student can then place the ticket in their house's container in their bay. Spirit points should be awarded very liberally. At the end of the day, all spirit points will be counted, and the spirit shield will be awarded to the winning house during senior presentations at the end of the day.



Rise Star Certificates

Throughout the day of the athletics carnival, adult helpers will be on the lookout for students who are showing exceptional sportsmanship and/or team spirit. Examples of behaviour to be considered for a rise star certificate include helping and encouraging others, raising team spirit, using initiative to solve problems, putting team before self, demonstrating humility in victory and grace in defeat, congratulating opponents and being a positive role model to others.

Towards the end of the carnival, bay supervisors should consult with other adults about which students in their bay they think are most deserving of the Rise Star Certificate. They will then pass these names on to Caleb who will complete the certificates. Certificates will be handed out during presentations at the end of the junior carnival and senior carnival. There is no set amount of Rise Stars to award, but roughly 2 per house for each Junior and Senior is a good goal.

Place Ribbons & Stickers

Individual events: Placegetters (1st to 4th) for receive ribbons.

Team games: Participants receive place stickers indicating their place (1st to 4th).

Individual Year Level Champions Medals and Certificates (Year 4 to 6 only)

Scores for every individual event across the jumps and throws and athletics day are added up and each year/gender group is awarded a Champion and Runner-up who receive medals and a 3rd and 4th place who receive certificates.

In the event of equal champions, medals will be awarded to both champions and to a runner up.

In the event of a tie for **runner-up**, a champion and two runner-up medals will be awarded.

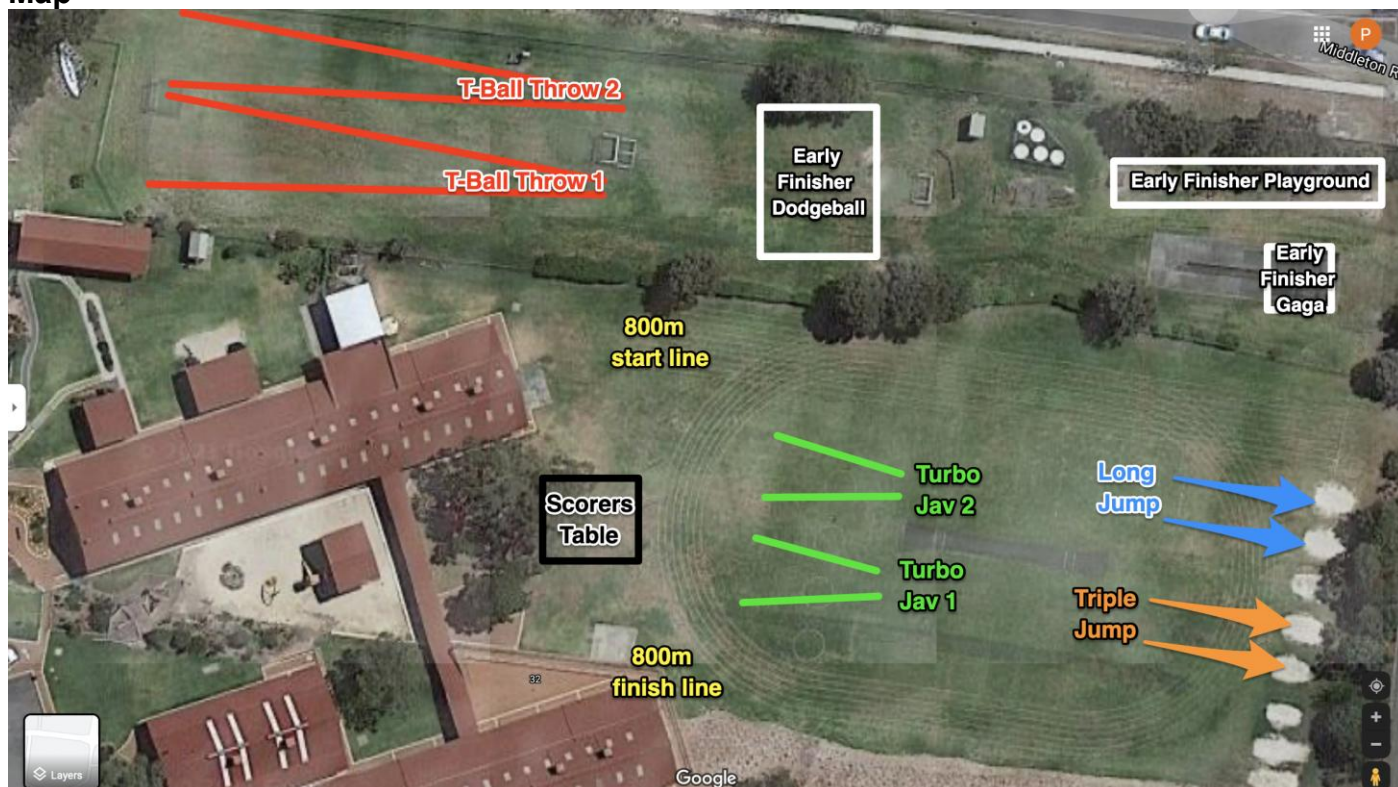
Jumps and Throws

Event Day Information

Timetable

	JAV 1	JAV 2	TBALL 1	TBALL 2	LONG JUMP	TRIPLE JUMP
P1 - 9am to 9.40	YEAR 4 BOYS	YEAR 4 GIRLS	YEAR 5 BOYS	YEAR 5 GIRLS	YEAR 6 BOYS	YEAR 6 GIRLS
P2 - 9.40 to 10.20	YEAR 4 BOYS	YEAR 4 GIRLS	YEAR 5 BOYS	YEAR 5 GIRLS	YEAR 6 GIRLS	YEAR 6 BOYS
P3 - 10.20 to 10.50	YEAR 6 BOYS	YEAR 6 GIRLS	YEAR 4 BOYS	YEAR 4 GIRLS	YEAR 5 BOYS	YEAR 5 GIRLS
RECESS - 10.50 TO 11.10						
P4 - 11.10 to 11.50	YEAR 6 BOYS	YEAR 6 GIRLS	YEAR 4 BOYS	YEAR 4 GIRLS	YEAR 5 GIRLS	YEAR 5 BOYS
P5 - 11.50 to 12.30	YEAR 5 BOYS	YEAR 5 GIRLS	YEAR 6 BOYS	YEAR 6 GIRLS	YEAR 4 BOYS	YEAR 4 GIRLS
P6 - 12.30 to 1.10	YEAR 5 BOYS	YEAR 5 GIRLS	YEAR 6 BOYS	YEAR 6 GIRLS	YEAR 4 GIRLS	YEAR 4 BOYS
LUNCH - 1.10 TO 1.50PM						
P7 - 2PM to 3PM	800m - Yr 4 Girls, Yr 4 Boys, Yr 5 Girls, Yr 5 Boys, Yr 6 Girls, Yr 6 Boys WHOLE SCHOOL WELCOME TO COME WATCH FROM NATURE PLAY AREA BEHIND GOALS					

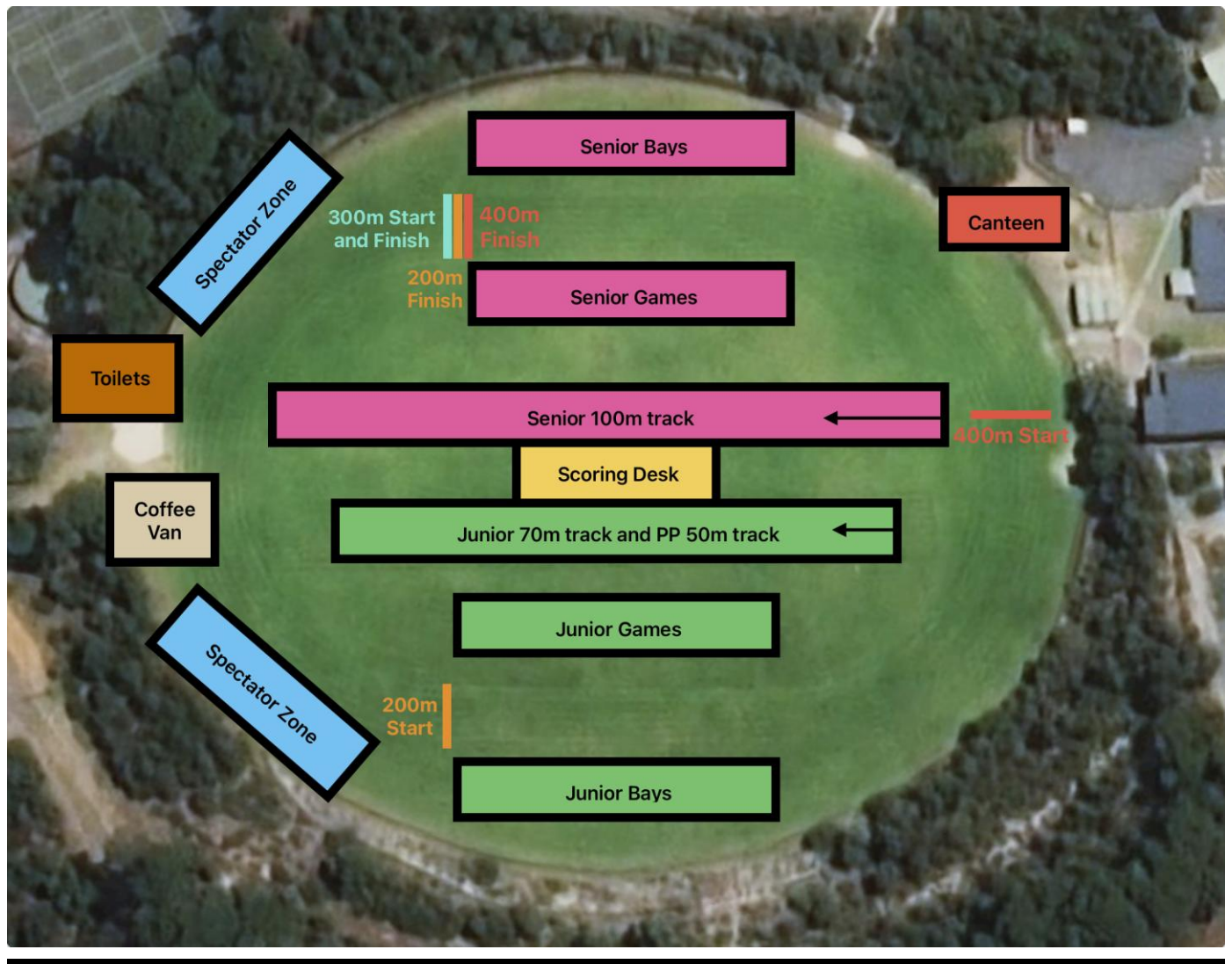
Map



Athletics Day Program

ALBANY PRIMARY SCHOOL HOUSE ATELTHICS CARNIVAL PROGRAM										
WEDNESDAY 5 NOVEMBER 2025 **All event times are approximate**										
SENIOR CARNIVAL					JUNIOR CARNIVAL					
TIME	Event #	Yr/Gender	Event	DIV	TIME	Event #	Yr/Gender	Event	DIV	
8.50am	Meet in courtyard for house chants & march up					8.50am	Meet in courtyard for house chants & march up			
				DIV						
9.30am	1	Yr 4 Girls	100m	1 to 5	9.30am	1	Yr 3 Girls	300m		
	2	Yr 4 Boys	100m	1 to 5		2	Yr 3 Boys	300m		
	3	Yr 5 Girls	100m	1 to 5		3	Yr 2 Girls	300m		
	4	Yr 5 Boys	100m	1 to 5		4	Yr 2 Boys	300m		
	5	Yr 6 Girls	100m	1 to 5		5	Yr 1 Girls	300m		
	6	Yr 6 Boys	100m	1 to 5		6	Yr 1 Boys	300m		
									DIV	
10.20am	7	Yr 4 Girls	200m		9.50am	7	Yr 3 Girls	70m	1 to 5	
	8	Yr 4 Boys	200m			8	Yr 3 Boys	70m	1 to 5	
	9	Yr 5 Girls	200m			9	Yr 2 Girls	70m	1 to 5	
	10	Yr 5 Boys	200m			10	Yr 2 Boys	70m	1 to 5	
	11	Yr 6 Girls	200m			11	Yr 1 Girls	70m	1 to 5	
	12	Yr 6 Boys	200m			12	Yr 1 Boys	70m	1 to 5	
10.35am	13	Yr 4 Girls	400m		10.30am	13	PP Girls	50m	1 to 3	
	14	Yr 4 Boys	400m			14	PP Boys	50m	1 to 3	
	15	Yr 5 Girls	400m							
	16	Yr 5 Boys	400m			10.45am	15	Yr 3 Mixed	50m Shuttle Relay	
	17	Yr 6 Girls	400m				16	Yr 2 Mixed	50m Shuttle Relay	
	18	Yr 6 Boys	400m				17	Yr 1 Mixed	50m Shuttle Relay	
10.50am	19	Yr 4	Thread the Needle		11am	18	Yr 3	Thread the Needle		
	20	Yr 5	Thread the Needle			19	Yr 2	Thread the Needle		
	21	Yr 6	Thread the Needle			20	Yr 1	Thread the Needle		
				21		PP	Thread the Needle			
11.05am	22	Yr 4	Passball		11.20am	22	Yr 3	Junior Leaderball		
	23	Yr 5	Passball			23	Yr 2	Junior Leaderball		
	24	Yr 6	Passball			24	Yr 1	Junior Leaderball		
				25		PP	Junior Leaderball			
11.20am	25	Yr 4	Leaderball		11.40am	26	Yr 3	Circle Ball		
	26	Yr 5	Leaderball			27	Yr 2	Circle Ball		
	27	Yr 6	Leaderball			28	Yr 1	Circle Ball		
				29		PP	Circle Ball			
11.35am	28	Yr 4	Cross the river		11.55am	30	Yr 3	Flag Relay		
	29	Yr 5	Cross the river			31	Yr 2	Flag Relay		
	30	Yr 6	Cross the river			32	Yr 1	Flag Relay		
				33		PP	Flag Relay			
11.50am	31	Yr 4	Tug of War							
	32	Yr 5	Tug of War							
	33	Yr 6	Tug of War							
12.10pm	34	GRAND RELAY			12.10pm	34	GRAND RELAY			
12.20pm	PRESCHOOLER RACE - All 0 to 4 year olds welcome to participate in a fun short race with stickers up for grabs									
12.30pm	PARENT v TEACHER v STUDENT 4 WAY TUG OF WAR - 1 parent team, 1 teacher team, 2 students teams do battle									
12.45pm	Seniors to attend Junior Presentation Junior Shield and Spirit Shield progress score				12.45pm	End of Junior Program (approx. 12:45pm) Junior Presentations then return to school and lunch.				
1.10pm	LUNCH BREAK									
1.30pm	35	Yr 4	Balance Beam Battle							
	36	Yr 5	Balance Beam Battle							
	37	Yr 6	Balance Beam Battle							
1.45pm	38	Yr 4	50m Shuttle Relay							
	39	Yr 5	50m Shuttle Relay							
	40	Yr 6	50m Shuttle Relay							
2pm	House Rubbish Retrieval Race									
2.10pm	SENIOR ATHLETIC PRESENTATIONS									
	- Early sign outs must be done with class teachers									

Athletics Day Map



REMINDER: Spectators are permitted to line the sides of the track during races and gather around team games when these are taking place. We believe that this level of access for spectators both enhances their experience on the day, as well as making it a more exciting event for the students. However, it is very important that spectators do not interfere with staff and helpers' ability to complete their jobs. This is particularly important at the finish line of races where students need to be lined up to have their places recorded. Please wait till staff and helpers have completed this job before approaching competitors.

Track Events

Events and divisions students compete in are selected by teachers during training sessions.

- All students to compete in a short sprint (PP: 50m, Yr1-3: 70m, Yr4-6: 100m)
- Students must qualify fastest to compete in the following events
 - Year 1-3: 300m
 - Year 4-6: 200m and 400m
- Students self-nominate to compete in the 800m (run on Jumps and Throws day)

In Year 1-6, the winner of each A Division event for their year level will represent the school in “A” division at the Interschool Carnival. The second placegetter represents the school in “B” division.

PRE-PRIMARY	
EVENT	NOTES
50m Sprint (Separate boy and girl event)	• All students run in division races

YEAR 1 - 3	
EVENT	NOTES
70m Sprint (Separate boy and girl event)	• 2 fastest runners from each house in A division. Next 2 runners in B division, then C division etc.
300m Run (Separate boy and girl event)	• 2 fastest runners per house compete only • 1 race per year/gender group

YEAR 4 - 6	
EVENT	NOTES
100m Sprint (Separate boy and girl event)	• 2 fastest runners from each house in A division. Next 2 runners in B division, then C division etc.
200m Sprint (Separate boy and girl event)	• 2 fastest runners per house compete only • 1 race per year/gender group
400m Run (Separate boy and girl event)	• 2 fastest runners per house compete only • 1 race per year/gender group
800m Run (Separate boy and girl event)	• All students can self-nominate to participate in this event HELD ON JUMPS & THROWS DAY

Team Game Events

ALL STUDENTS WILL COMPETE IN AT LEAST TWO TEAM EVENTS

PRE-PRIMARY EVENTS

- Junior Leaderball
- Junior Thread the Needle
- Circle Ball
- Flag Relay

YEAR 1 - 3 EVENTS

- Junior Leaderball (*Interschool Event*)
- Junior Thread the Needle (*Interschool Event*)
- Circle Ball (*Interschool Event*)
- Flag Relay (*Interschool Event*)
- Shuttle Relay (*Interschool Event*)
- Grand Relay

YEAR 4 - 6 EVENTS

- Senior Leaderball (*Interschool Event*)
- Senior Thread the Needle (*Interschool Event*)
- Passball (*Interschool Event*)
- Shuttle Relay (*Interschool Event*)
- Cross the River
- Balance Beam Battle
- Tug of War
- Grand Relay